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Q. What risks do you run by trying to remove a manager?

A. Sir Isaac Newton once wrote that every action has an equal but opposite reaction; that law of physics applies in the office, too. Your manager is not going to be happy about your complaints, and if he is not replaced, you may be lucky if he just ignores you.

Some form of retaliation would not be surprising, Mr. Brenner said - perhaps a demotion, an increased workload or travel assignments to the least desirable cities in a region.

And it's possible that that your manager will have you fired. Billie Blair, president of Living and Learning, an organizational change management firm in Los Angeles, said employees should consider all of these potential consequences before speaking up.

"Only you can decide if the situation is bad enough to warrant action," she said. If you determine that the situation is not worth losing your job over, she added, the best strategy may be to request a transfer to another department or to keep quiet and move on with your life.

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